



24th May 2024

Dear Parent/Carers of Year 2

Relationships and Sex Education (RSE) as part of PSHE Lessons.

As part of our PSHE Curriculum ([SCARF](#)) during the summer term, children will be focussing upon 'Growing and Changing'. This will cover aspects of the PSHE curriculum such as: taking care of our body, how we change as we grow up, respecting privacy and our bodies, emotions as well as puberty in upper Key Stage 2. **Sex education (Making Babies) is only taught in Year 5.** Correct anatomical vocabulary will be used during sessions. The full RSE Policy [is on our website](#).

Our PSHE scheme of work introduces language appropriate for the age of the children. It is important that children know the correct names for parts of their body as it increases a child's self-confidence and positive body image. We teach children that all parts of their body are important, and no shame or stigma are attached to any part.

Year 2:

A Helping Hand

Demonstrate simple ways of giving positive feedback to others.

What Does My Body Do?

Name major internal body parts (heart, blood, lungs, stomach, small and large intestines, brain); describe how food, water and air get into the body and blood.

Haven't You Grown!

Identify different stages of growth (e.g. baby, toddler, child, teenager, adult); understand and describe some of the things that people are capable of at these different stages.

My Body, Your Body

Identify which parts of the human body are private; understand that humans mostly have the same body parts but that they can look different from person to person.

This lesson also links with the Year 2 science programme of study:

Science Y2 Living things and their habitats (Non-statutory guidance) Pupils should raise and answer questions that help them to become familiar with the life processes that are common to all living things.

Science Y2 Animals including humans Notice that animals, including humans, have offspring which grow into adults.

Respecting Privacy

Explain what privacy means; know that you are not allowed to touch someone's private belongings without their permission; give examples of different types of private information.

Some Secrets Should Never Be Kept

Identify how inappropriate touch can make someone feel; understand that there are unsafe secrets and secrets that are nice surprises; explain that if someone is being touched in a way that they don't like they have to tell someone in their safety network so they can help it stop.

Anatomical vocabulary ('doctor words'): Private parts, genitals, penis, vulva, genitalia, touches, permission

If you have any questions, please contact your class teacher or me.

Best wishes

Mrs L. Knock

Deputy Headteacher

PSHE subject leader